

The WINDWAY

January, 2009 ❖ San Francisco Chapter of the American Recorder Society

From your chapter President

Where *does* the month/year go? I could swear it was just a couple of days ago that I was sure I could create January's *Windway* earlier in the month... but alas, it was not to be. For this, I once again apologize.

There are so many exciting activities for the recorder playing community coming up this year! There are fliers at the end of this newsletter for each of these workshops: First (because it happens early next month) is:

♪ The SFEMS Med/Ren Collegium on **February 7th**, will be led by our new Med/Ren Workshop director, Tom Zajac, who is coming out from Boston for this fund-raising day of rare and beautiful Polish Music, circa 1540-1640. The Collegium is open to players of "soft" instruments (ie: **recorder**, viol, harp, dulcian, lute, guitar) and singers. There is a flier at the end of this newsletter, but please go to the SFEMS web site to get a full description as well as to see and download the music for the day: www.sfems.org.

♪ The next (and really our biggest) event is our own (SF ARS chapter sponsored) Spring Workshop: the fifth annual "**Tune in to the Recorder**" to be held again at SF City College on **February 28th**. Louise Carlsake and Frances Feldon have developed the program theme: "**The Musik Meisters: German music from the Renaissance to the present**" for a full day (9:30 – 3:30) of learning and music making. Please support our chapter by joining us for this workshop, which is designed for both novice as well as seasoned workshop attendees. The cost is only \$35, a real bargain for a full day of instruction! There is a flier (also at the end of this newsletter), which can also be downloaded from our web site: <http://arssanfrancisco.org/>.

♪ **February 14th**, MPRO presents Vicki Boekman's "Heart and Soul, the Next Chapter" in Palo Alto.

♪ **March 14th**, EBRS hosts Debra Nagy's workshop featuring Flemish Motets and Madrigals in Albany.

Tough choices, if we can't go to all of them! But I personally recommend (and will attend!) the first two, as both need our support to be successful. Hope to see you there!

~ Greta Haug-Hryciw
President, SF ARS

Our Guest Conductor for January: Hanneke van Proosdij



Hanneke van Proosdij studied recorder with Michael Barker at the Royal Conservatory in The Hague, the Netherlands, where she also studied harpsichord and composition. She received her DM (teachers diploma) in 1992 and UM (soloist diploma) in 1995. She performs regularly with Philharmonia Baroque Orchestra, Voices of Music, the American Bach Soloists, Chanticleer, Magnificat, Berkeley Symphony, Orinda, and Parnassus Avenue. She has appeared at the Berkeley Early Music Festival, Internationale Handel Festspiele, Festival d'Ambronay, Wratistavia Cantans, Contemporary Improvised Music Festival and the Amherst Early Music Festival. Hanneke is a co-founder of the Junior Recorder Society in the East Bay as well as the new co-director of the SFEMS Recorder Workshop.

Hanneke's recordings are available from Magnatune and CD Baby. Also, check out some YouTube videos of her performances, such as this one, with Hanneke on recorder, playing a Telemann Allegro:

<http://www.youtube.com/watch?v=JDzwDE3xf3k>



*The recorder is held outwards from the player's lips (rather than to the side, like the "transverse" flute). The player's breath is compressed into a linear airstream by a channel cut into the wooden "block" or **fipple** (A), in the mouthpiece of the instrument, so as to travel along this channeled duct (B) called the "windway". Exiting from the windway, the breath is directed against a hard edge (C), called the "labium" or "ramp", which causes the column of air within the resonator tube to oscillate at the desired frequency, determined by the bore length or open tone hole used. The length of the air column (and the pitch of the note produced) is modified by finger holes in the front and thumb hole at the back of the instrument.*

from Wikipedia's entry on the recorder

RECORDER AND RUCKSACK

FOR SALE: 2 Bergen Rucksacks; Treble recorder, details stamp. – Adv. In the New Statesman & Nation.

New love and dreams are fled; farewell to song and trail:
A recorder in good condition, two rucksacks are for sale.

O beware the recorder and rucksack, those badges of rarified thought
That distinguish the muscular aesthete, from Connecticut's hills to Connaught.

For beyond the recorder and rucksack lies a world to make you daft,
Of braids and beads and bangles, and native handicraft;

Where knobby knees emerging above the hand-knit sock
Mirror the Adam's apple above the loose-tied stock;

Where, from vegetarian diet and the study of breathing deep,
It's only a step to eutenics and courses in how to sleep;

Where the lore of India beckons, and the writings of Gerald Heard,

Where earnest youth groups gather, and co-op's a magic word;

A world where the sprightly square dance ensnares the devotee,

Who enters a web more subtle than the web he sought to flee,

And who longs, as he trudges homeward from dancing on the green,

To resume the simple pleasures of Scotch and nicotine.

~Virginia Fain

Published in the New Yorker Magazine, January 4, 1947

   
Musicians Wanted!

Seeking 2 or 3 recorder players to play for recreation on Saturday Mornings in San Francisco. Please contact Shirley at (415) 440-1573.



Your 2008 – 2009 SFRS Officers:



President: Greta Haug-Hryciw
hryciw8@comcast.net

Vice President: Emily Perkins
ejperk@yahoo.com

Secretary: Jerry Walker
Walkergb@aol.com

Treasurer: Florence Kress
fkress@aol.com

Newsletter: Greta Haug-Hryciw
hryciw8@comcast.net

Webmaster: Dana Vinicoff
vinicoff@hotmail.com

The Recorder has been known, in English, as a recorder, at least since the 14th century. Grove's Dictionary reports that the earliest use of the word 'recorder' was in the household of the Earl of Derby in 1388: *fistula nomine Recordour*. The name originates from the use of the word *record*, one meaning of which is "to practice a piece of music".

Up to the 18th century, the instrument was called *Flauto* (flute) in Italian, the language used in writing music, whereas the instrument we today call the flute was called 'Flauto traverso'. This has led to some pieces of music occasionally being mistakenly performed on transverse flute rather than on recorder.

Today, the recorder is known as *flauto dolce* ('sweet flute') in Italian with equivalents in other languages. In Spanish, the name *flauta dulce* refers specifically to the recorder.

from Wikipedia's entry on the recorder



For submissions to our newsletter, please send them to Greta Hryciw at least two weeks before the next scheduled chapter meeting. All articles, poetry and art pertaining to the recorder-playing world will be considered.



The San Francisco Chapter of the ARS (SFRS) meets year-round every third Wednesday at 7:30 p.m. at St. John's United Church of Christ, 501 Laguna Honda Blvd, SF (at Woodside, 2 blocks from Forest Hill Muni Station). For more information, please contact Florence Kress, fkress@aol.com or (415) 731-9709. SFRS is an affiliate of the San Francisco Early Music Society.

FREE SHEET MUSIC INTERNET SITES

Compiled by SFRS Secretary, Jerry Walker. Email him at pacificajerry@aol.com if you would like a copy in PDF format.

- <http://www.musicaviva.com/index.html> Very large collection: PDF, ABC, MIDI, MP3
- <http://www.geocities.jp/loverecder/index.html> Baroque to Romantic
- <http://icking-music-archive.org> The Gold Standard of free sheet music sites
- <http://www.pjb.com.au> Baroque to contemporary. Lots of Bach
- <http://www.pjperry.freeuk.com/music.htm> Bass recorder music
- <http://www.8notes.com> Mid-size collection of free music. Solo to consorts
- <http://www.saers.com/recorder/mondруп> Another Gold Standard
- http://anaigeon.free.fr/e_index.html Medieval and Renaissance. Nice selection
- <http://frescores.iespana.es/frescores/index.html> Medieval to 20th Century
- <http://www.mutopiaproject.org/index.html> Mainly classical period
- <http://tunedb.woodenflute.com> Traditional, dances, airs, in ABC format
- <http://www.music-scores.com> Mainly Baroque -> Romantic. Some free; some by subscription
- <http://www.laymusic.org> Renaissance -> early Baroque. ABC, PDF, MIDI
- http://www.cpd.org/wiki/index.php/Main_Page A real home for choral music
- <http://arenai.free.fr/Database.htm> A database of vocal music of the "French" Renaissance
- <http://www.cipoo.net/> Choral music suitable for recorder. Renaissance to Lieder
- <http://www.sibeliusmusic.com> Lots of music in Sibelius **Scorch** format
- <http://www.altorecorder.com/SheetMusicIndex.htm> Simple but nice arrangements for altos
- <http://crab.rutgers.edu/~pbutler/music.html> Mainly Renaissance and later dances
- <http://www.contemplator.com/> Folk, traditional, Celtic, shanties, in MIDI files
- <http://www.free-scores.com/centre-uk.php?CATEGORIE=130&format> Links to other free music sites. Pretty extensive list
- <http://sca.uwaterloo.ca/Music/> Get those dancing shoes on
- <http://webhome.idirect.com/~toot/music.html> Baroque arrangements for the more advanced
- <http://www.barquemusic.org/> No sheet music but good baroque reference site
- <http://www.monacensis.de/tipps/musik/> In German but easy to find good things. Medieval to Renaissance
- <http://www.lutheranmusic.com/> Lots of hymns
- <http://brassy.club.fr/PartMed/Cantigas/CSMIDI.html> Love Cantigas
- <http://www-personal.umich.edu/~msmiller/rounds.html> Rounds, canons
- <http://www.blackflute.com/music/default.html> Celtic music
- <http://sca.uwaterloo.ca/~praetzel/Del/www.sca.org.au/del/ddb/sections/bransles.html> Bransles - the original line dance
- http://www.ccel.org/cceh/cceh_ind.htm Hymns
- http://www.christmas-carol-music.org/Index_of_Titles.html Christmas carols
- <http://www.psalmistry.com/> Psalm settings
- <http://www.upv.es/coro/victoria/english.html> Home page for Francisco Luis de Victoria and his contemporaries
- <http://www.defordmusic.com/> Hymns, Carols
- <http://www.finalemusic.com/showcase/> Wide variety in **Finale** notation. Free viewer available.
- <http://www.lids.org/cm/display/0,17631,4650-1,00.html> LDS Hymns – some of my favorites
- <http://www.oldmusicproject.com/occ/tunes.html> Turlough O'Carolan - As Celtic as you can get
- <http://kazimodal.trad.org/partitions/> Traditional Breton music
- http://earlymusicchicago.org/sheet_music_scores_ann_mckinley.htm Some new compositions, wrapped in old clothes. Delightful.
- <http://katrowberd.elizabethangeek.com/projects/2004-pms-2nd-ed/#religious>. A wide variety of types from medieval religious to fun drinking songs.
- <http://sca.uwaterloo.ca/Hendricks/> Lots of Mediaeval and Renaissance sacred/folk/dance music
- <http://ildhafn.sca.org.nz/musicnotcurrent.htm> Lots more Mediaeval and Renaissance sacred/folk/dance music

(end of list)

SFEMS Medieval/Renaissance Workshop presents a full-day Collegium
for singers, recorders, viols and other soft instruments

A Golden Century of Polish Music, 1540-1640

led by Tom Zajac



February 7th 2009, from 9:30 am to 3:30 pm
Zion Lutheran Church
5201 Park Boulevard, Oakland, CA



~ Registration begins at 9:15 ~
Potluck lunch

*Here is a unique chance to sing and play some of the most rare and beautiful music from this
outpost of Renaissance European culture, and an opportunity to meet and work with
the new Med/Ren director, Tom Zajac.*



*This Collegium day is a fundraising event for the Med/Ren Workshop scholarship fund to help
make it possible for SFEMS to bring talented students to the summer workshop.
Tom is donating his services toward this purpose.*

✂ Please complete and detach the registration form below and mail it with your check by February 1

Name _____

Instrument _____

E-mail _____

Daytime telephone _____

Enclosed: \$50 (full-day)

\$30 morning session \$30 afternoon session

Please write check to **SFEMS**

Mail to: Greta Hryciw – PO Box 370069, Montara, CA 94037-0069

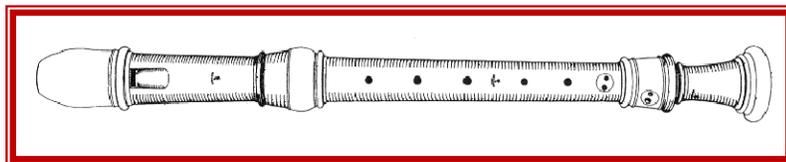
For information, call (415) 377-4444

~ go to www.sfems.org for full description and workshop music ~

The San Francisco Chapter of the American Recorder Society, a SFEMS Affiliate,
and The Music Department of City College of San Francisco present

Tune in to the Recorder V

A Recorder Workshop for Low-Intermediate to Advanced Players



“MUZIK MEISTERS”

German Music from the Renaissance to the Present



Saturday, February 28, 2009

9 am to 3:30 pm

with Louise Carslake and Frances Feldon

City College of San Francisco

Creative Arts Building, Room 132

50 Phelan Avenue, San Francisco

Tuition: **\$35** (\$40 after February 15)

Bring a music stand, pencil, and a bag lunch. Coffee and snacks provided during morning break.

For information contact Florence Kress, (415) 731-9709, or fkress@aol.com

Registration form is also available at www.arssanfrancisco.org



✂ Please detach the completed registration form and mail it with your check

Make check payable to **Florence Kress**, 34 San Andreas Avenue, San Francisco, CA 94127

Name _____ Phone _____ Email _____

Address _____ City _____ Zip _____

Please circle all that apply:

Recorders I play (circle): S A T B GB CtrB Recorders I'm bringing: S A T B GB CtrB

I play with others: Seldom Occasionally Frequently

I consider myself level: Low Intermediate High Intermediate Advanced

I'd like to help with: Set Up Clean Up **Amount Enclosed:** \$ _____

The Mid-Peninsula Recorder Orchestra Winter Workshop:

Heart and Soul—The Next Chapter

presented by Vicki Boekman

Feb 14, 2009 9:30-4:30

Unitarian Universalist Church of Palo Alto
505 E. Charleston Road
Palo Alto, CA 94305

Ms. Boekman returns to the Bay Area and expands on her theme of establishing a greater relationship between musicians as humans with emotions and the music by using our bodies and senses for transforming what is on the musical score. Her mission is to help others play the recorder with expression. "Every time we speak we are communicating thoughts and feelings, and rarely do we think of a technique when doing so. I want to help others play the recorder as easily and naturally as speaking."

Ms. Boekman recommends that participants read "The Perfect Wrong Note" by William Westney, and listen to Handel's Water Music Suite #1 and a jazz piece of one's choice played or sung by artists such as Ben Webster, Gerry Mulligan, Eddie Daniels or Ella Fitzgerald before the workshop.

The workshop repertoire will be varied and eclectic with lots of room for experimentation with ways to be expressive. It will include Handel's Water Music Suite #1 and Pete Rose's MegaRONY, an 8 part, 3 movement work commissioned in 2004 by the Recorder Orchestra of New York.

Music is included in workshop fee. Hot and cold beverages and snacks will be provided for breaks. Bring your lunch, your instruments*, your music stand, your skills and your curiosity about how music works, and we'll have a great time putting these aspects together.

*All players will eventually wind up playing percussion for the insistent eight bar theme in the final movement of the Pete Rose work. This is not an option!!! Please bring your favorite implement of percussion! Anything will do.

Vicki Boekman is one of the leading recorder artists of her generation. She studied with Eva Legêne at the Royal Academy of Music in Copenhagen as well as Marion Verbruggen, Walther van Hauwe, and other leading recorder artists in Europe. She has taught at the Royal Academy of Music in Copenhagen, and performed throughout Europe and the United States with Opus 4 and Wood'N'Flutes, two highly popular Danish-based ensembles which she co-founded.

For information about the workshop or MPRO membership
phone Mary at (415) 664-9050 or visit our website at www.sfems.org/mpro

Registration: Advance registration is encouraged as space is limited

_____ MPRO and SFEMS Members: \$40.00; 1/2 day \$25.00

_____ Non-members: \$42.00; 1/2 day \$30.00

*Please make checks payable to MPRO and mail with this form to:
Mary Carrigan, 420 Crestlake Drive, San Francisco, CA 94132.*

Name _____ Phone _____

Address _____ Email _____

MPRO is an Affiliate of the San Francisco Early Music Society

*Mark your calendar now
for the EBRS 2009 Spring Workshop:*

Symphonia Angelica: Flemish Motets and Madrigals

with

Debra Nagy

Saturday, March 14, 2009 from 9 AM to 4 PM

St. Alban's Episcopal Church

1501 Washington (at Curtis), Albany

Wheelchair Accessible



About the Workshop

Recorder players of intermediate to advanced levels are invited to gather for a day of 4-6 voice madrigals and motets from late-16th-century Flanders. Music selections will include works by Andreas Pevernage, Giaches de Wert, Jean de Castro, and others. Bring your recorders (and viols, sackbuts and curtals), music stand, pencil and lunch (microwave available). Coffee and tea provided along with breakfast goodies and snacks. For additional information, contact Susan Richardson at (510) 526-7861 or susanrichardson@yahoo.com.

Workshop Schedule

9:00	registration
9:30-11:00	play
11:00-11:15	break
11:15-12:30	play
12:30-1:30	lunch
1:30-2:45	play
2:45-3:00	break
3:00-4:00	play
4:00	farewells!



About the Conductor

Debra received her Doctor of Musical Arts in Early Music from Case Western Reserve University, where she directs the singers and instrumentalists of the Collegium Musicum in programs spanning the fourteenth to seventeenth centuries. She was a first-prize winner in the American Bach Soloists' Young Artist Competition, and has played recorders and shawms with such leading ensembles as Ciaramella, Piffaro, and The Newberry Consort. In addition, Debra spent 2002-2003 researching Renaissance double reed instruments in Brussels on a Belgian American Educational Foundation Grant while studying baroque oboe at the Conservatory of Amsterdam as a student of Alfredo Bernardini. Debra received her undergraduate and master's degrees from the Oberlin Conservatory, where she studied with James Caldwell and Gonzalo Ruiz.

Workshop Fee is \$35.

Enrollment is limited, so be sure to reserve your spot early!

2009 EBRS Spring Workshop Enrollment Form

Please make checks out to EBRS and mail to
Susan Richardson, 542 Santa Barbara Rd., Berkeley, CA 94707

Name(s) _____

Address _____

Phone (day) _____ (eve) _____

Email _____

Special needs _____

East Bay Recorder Society



participants _____

fee \$ 35 _____

donation \$ _____

TOTAL \$ _____