



# The WINDWAY

February, 2009 ❖ San Francisco Chapter of the American Recorder Society

## From your chapter President

Well, there's growing evidence that time flies, whether you're having a good time or not. Here we are at Presidents' Week in 2009. I've already been to two weekend workshops, and the season is barely underway! The SFEMS MedRen Scholarship Fund Workshop was held on February 7. More than 50 recorderists, gambists and vocalists came to participate. The room at Zion Lutheran Church in Oakland was filled to capacity with enthusiastic musicians and singers, and despite the crowd, the volume was never overpowering. This may have had something to do with the number of bodies present to absorb some of that sound. Tom Zajac really outdid himself in preparing the program and the music. A number of pieces were in Latin, but those that were in Polish (yes, Polish!) he transliterated so that the text was pronounceable to the non-Polish speakers. One of our singers was, however, a native speaker, and she graciously read each text beautifully for the others to hear before launching into the music. The potluck lunch was a remarkable feast with a lovely variety of savory and sweet delights.

The other workshop I went to was hosted by Fred Palmer's MPRO. Vicki Boeckman came from her home in Portland to direct it. Vicki is a firm believer in physical preparation for playing, and she led the assembled group of recorder players in a number of warm-ups – first stretching, then breathing – and took us through some body awareness exercises. She brought four pieces for us to play, which doesn't seem like very much for an all-day workshop, but after playing through Josquin's *Ave Maria* as a delicious warm-up, she really delved into the other more challenging pieces that followed. We really worked a *Passacaglia* by Johann Christoph Pez (1664-1716); The entire suite of Handel's *Water Music*; and finally, *MegaRONY* by Pete Rose, which was a romp through four movements of bluesy chromatics and jazz rhythms, punctuated in the final movement by everyone playing percussion.

So, we're off to a great start! Our Chapter workshop is just a little more than a week away, on **February 28<sup>th</sup>**! Tell your friends – we still have a few spaces available. Louise and Frances have got lots of great music in store for us. Remember to bring your music stand, a good sharp pencil (or two) and lunch for yourself. There is a registration form and directions on the last pages of this issue of *The Windway*. Or contact chapter treasurer, Florence Kress at [fkress@aol.com](mailto:fkress@aol.com) (415) 731-9709.

~ Greta Haug-Hryciw  
*President, SF ARS*

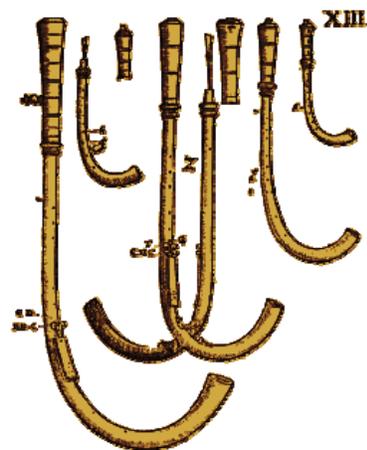
## Our Guest Conductor for February: Frederic Palmer



The Mid-Peninsula Recorder Orchestra (MPRO) has been under the talented direction of Mr. Frederic Palmer since 1989. Fred has an M.A. in Early Music from Stanford University, and has studied under Bernard Krainis, George Houle, and Michel Piguet. He has directed recorder workshops throughout the U.S., and was on the staff of the Music

Department at the California State University, Hayward until his retirement in January. In addition to performing both early and contemporary music, Fred is a published editor, arranger, and composer. He was awarded first prize in the American Recorder Society's Erich Katz Memorial Fund Composition Contest for an original composition for recorder ensemble.

Fred has some interesting orchestrations in mind for our chapter meeting on Wednesday, February 18<sup>th</sup>. He has asked us to bring the "big" instruments (C-bass and Contrabass) as well as a full consort of crumhorns (SATTB). This will prove to be an interesting meeting, to be sure. See you there!



## The ARS is 70!



This year marks the 70<sup>th</sup> anniversary of the American Recorder Society! To celebrate, there will be a fabulous conference in St. Louis, MO from July 30<sup>th</sup> to August 2<sup>nd</sup>. Take a look at some of the great classes they have planned: <http://tiny.cc/IXs3w>.

Below is the (very impressive!) list of scheduled faculty:

Louise Austin	Annette Bauer
Tish Berlin	Frances Blaker
Joyce Callanan	Louise Carslake
Mark Davenport	Clèa Galhano
Lisette Kielson	Lorraine Krige
Judith Linsenberg	Nina Stern
Marion Verbruggen	Leslie Timmons
Jim Tinter	Mary Halverson Waldo

*Once again, we present*  
**Your 2008 – 2009**  
**SFRS Officers:**



President: Greta Haug-Hryciw  
[hryciw8@comcast.net](mailto:hryciw8@comcast.net)

Vice President: Emily Perkins  
[ejperk@yahoo.com](mailto:ejperk@yahoo.com)

Secretary: Jerry Walker  
[Walkergb@aol.com](mailto:Walkergb@aol.com)

Treasurer: Florence Kress  
[fkress@aol.com](mailto:fkress@aol.com)

Newsletter: Greta Haug-Hryciw  
[hryciw8@comcast.net](mailto:hryciw8@comcast.net)

Webmaster: Dana Vinicoff  
[vinicoff@hotmail.com](mailto:vinicoff@hotmail.com)

## Recorder players from across North America celebrate March as "Play-the-Recorder Month."

Many ARS chapters plan special concerts and presentations to illustrate the versatility and beauty of this wonderful instrument.

**March 21, 2009** is designated "**Recorder Day**", when individuals and chapters around the world are encouraged to play Carolyn Peskin's original composition "**Thank, you, ARS.**" The composition appears in the January issue of *American Recorder* magazine. Here's a [copy](#) of it. You can listen to two different midi versions. [Midi with light swing](#) [Midi with heavy swing](#).

Chapters and consorts should submit a [Play-the-Recorder Month Contest Entry Form](#) (PDF) on their activities to be eligible for prizes for the "Most Creative Event" contest. The deadline for the contest in **April 28, 2009**.

ARS holds a **Membership Special** during "Play-the-Recorder-Month". New members, or members that have lapsed for more than two years, may join the ARS for \$35. That's a 25% savings off the normal price of \$45. Send your [Membership Special Application](#) (PDF) to the ARS office by March 31, 2009.

For more information about Play-the-Recorder Month, contact the ARS office:  
[ARS.Recorder@AmericanRecorder.org](mailto:ARS.Recorder@AmericanRecorder.org).



*~ from the ARS web site*

<http://www.americanrecorder.org/events/ptrm.htm>

The San Francisco Chapter of the ARS (SFRS) meets year-round every third Wednesday at 7:30 p.m. at St. John's United Church of Christ, 501 Laguna Honda Blvd, SF (at Woodside, 2 blocks from Forest Hill Muni Station). For more information, please contact Florence Kress, [fkress@aol.com](mailto:fkress@aol.com) or (415) 731-9709. SFRS is an affiliate of the San Francisco Early Music Society.

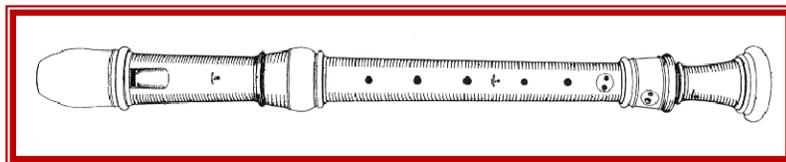


*For submissions to our newsletter, please send them to Greta Hryciw at least two weeks before the next scheduled chapter meeting. All articles, poetry and art pertaining to the recorder-playing world will be considered.*

The San Francisco Chapter of the American Recorder Society, a SFEMS Affiliate,  
and The Music Department of City College of San Francisco present

# Tune in to the Recorder V

*A Recorder Workshop for Low-Intermediate to Advanced Players*



## “MUZIK MEISTERS”

*German Music from the Renaissance to the Present*



Saturday, February 28, 2009

9 am to 3:30 pm

with Louise Carslake and Frances Feldon

City College of San Francisco

Creative Arts Building, Room 132

50 Phelan Avenue, San Francisco

Tuition: **\$35** (\$40 after February 15)

*Bring a music stand, pencil, and a bag lunch. Coffee and snacks provided during morning break.*

For information contact Florence Kress, (415) 731-9709, or [fkress@aol.com](mailto:fkress@aol.com)

Registration form is also available at [www.arssanfrancisco.org](http://www.arssanfrancisco.org)



✂ Please detach the completed registration form and mail it with your check

Make check payable to **Florence Kress**, 34 San Andreas Avenue, San Francisco, CA 94127

Name \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

**Please circle all that apply:**

Recorders I play (circle): S A T B GB CtrB      Recorders I'm bringing: S A T B GB CtrB

I play with others:                      Seldom                      Occasionally                      Frequently

I consider myself level:              Low Intermediate              High Intermediate              Advanced

I'd like to help with:                      Set Up                      Clean Up                      **Amount Enclosed:** \$ \_\_\_\_\_

# San Francisco Recorder Society and City College of SF Music Department "Tune in to the Recorder" Workshop



## Directions to Creative Arts Building, CCSF Campus

**From all points:** Exit the 280 Freeway at the Ocean/Geneva exit, which is also the exit to the Balboa BART Station. If you take BART, it's a short walk to the campus.

**From the South:** Exit freeway and go west over the overpass, continue through the first stoplight onto Ocean Ave; at the second stoplight turn right onto Phelan Avenue.

**From North:** exit freeway, go west. At the second stoplight, turn right onto Phelan Avenue.

**Parking:** All-day parking in the Reservoir lot, on the west side of Phelan Avenue. Purchase \$ 2 all-day parking permit from machine and place it on your dashboard. Cross Phelan Avenue to the campus. It's a short walk to the ARTS building. Street parking is also available.

**The ARTS Bldg:** Enter on the first floor on either end of the building. Walk to middle of this passageway, then down to the end of the central hallway where the music rooms are located (registration in room 132).

This map can also be seen online at [www.ccsf.edu/Info/Map](http://www.ccsf.edu/Info/Map).  
Black arrows point to Creative Arts building and parking reservoir.

